

EXAMINATIONS COUNCIL OF ZAMBIA

Examination for General Certificate of Education Ordinary Level

Home Management Paper 1 Theory

6075/1

Thursday

10 AUGUST 2017

Additional materials
Answer Booklet.

Time: 2 hours

Instructions to candidates

- 1 Write your name, centre number and candidate number on the Answer Booklet provided.
- 2 There are **ten** questions in this paper. Answer **five** questions in total.
- 3 Answer **two** questions from **Section A** and **three** questions from **Section B**.
- 4 All candidates are expected to write the question numbers chosen on the Grid provided on the front page of the Answer Booklet in the order they have answered.
- 5 Write your answers for each question on a separate page of the Answer Booklet provided.
- 6 If you use more than one Answer Booklet, tie together with a string, do not staple them.

Information for candidates

The number of marks is given in brackets [] at the end of each question or part question.

You should make use of illustrations. Answers in note form are acceptable.

Cell phones are not allowed in the examination room.

SECTION A (40 marks)

Parenthood, Health and Safety and Needlework and Crafts.

Answer two questions only from this section

- 1** Zambia is among the countries striving to promote safe parenthood.
- (a) State **five** signs and symptoms of pregnancy. [5]
 - (b) Explain **five** danger signs of pregnancy. [5]
 - (c) Outline **five** activities that are carried out at the Ante-natal clinic. [5]
 - (d) Give **five** recommendations on footwear for a pregnant woman. [5]
- [20 marks]**

- 2** Many accidents or injuries are related to the home and its environment. Preventive measures can be taken in order to avoid or eliminate them.
- (a) (i) Define First Aid. [2]
 - (ii) State **two** reasons for giving First Aid. [2]
 - (b) Outline **five** practical measures to prevent accidents. [5]
 - (c) Describe how to prevent burns and scalds. [5]
 - (d) List **six** contents of a First Aid Box. [6]
- [20 marks]**

- 3** Write notes on the following:-
- (a) The physical needs of the pre-school child. [5]
 - (b) The importance of games and exercise for a child. [5]
 - (c) Behavioural problems in children. [5]
 - (d) Causes of abnormalities in child development. [5]
- [20 marks]**

- 4** Certain habits are desirable for every child to develop at an early age.
- (a) (i) Define habit, [2]
 - (ii) State the first habits to be taught to a child. [3]
 - (b) Discuss the importance of habit training. [5]
 - (c) State **five** benefits of play to a child. [5]
 - (d) List **five** types of play. [5]
- [20 marks]**

SECTION B [60 marks]**Food and Nutrition, Housecraft and Laundry.****Answer three questions only from this section**

- 5** There are various ways of practicing proper environmental hygiene in order to prevent the spread of communicable diseases.
- (a) What is meant by:
- (i) drainage; [2]
- (ii) sanitation? [2]
- (b) Identify **three** sources of water used in the home. [3]
- (c) State **four** ways of purifying water. [4]
- (d) Explain how waste water can be disposed off. [4]
- (e) Outline the weekly cleaning of a water closet. [5]
- [20 marks]**
- 6** You are planning to refurbish the floor and floor coverings of the sitting room in your home. Explain how you would:
- (a) Renovate a varnished wood floor which has been badly scratched. [4]
- (b) Clean a dull parquet flooring (wood flooring tiles); [4]
- (c) Choose a new carpet; [4]
- (d) Clean a mud stained carpet; [4]
- (e) Daily clean your renovated room. [4]
- [20 marks]**
- 7** Entrepreneurship means ability and willingness to set up and organize a business along with any of its risks and rewards, so as to make a profit.
- (a) Write **five** reasons why people decide to become entrepreneurs.. [5]
- (b) (i) Explain **four** business ventures found in the community. [4]
- (ii) List **four** sources of capital to start a business venture. [4]
- (c) State **four** factors to consider for smooth running of a business. [4]
- (d) Discuss the importance of labelling items for sale. [3]
- [20 marks]**

- 8** Laundering of clothes efficiently requires much effort.
- (a) Explain the importance of the following processes in laundry:
- (i) soaking; [4]
 - (ii) boiling; [4]
 - (iii) starching; [4]
 - (iv) airing. [2]
- (b) Describe how to treat each of the following stains from a white cotton table cloth:
- (i) Tea stain; [3]
 - (ii) Blood stain. [3]

[20 marks]

- 9** Meal time is an occasion that should be enjoyed by everyone.
- (a) Write **six** factors to consider in meal planning. [6]
- (b) Discuss the dietary needs of the following:
- (i) Pregnant woman; [3]
 - (ii) Vegans (strict vegetarians); [3]
 - (iii) Toddlers and young children (up to 5 years). [3]
- (c) How would you economically save fuel during cooking of meals? [5]

[20 marks]

- 10** The kitchen is a working room which must be well planned.
- (a) Draw the layout of an L-shaped kitchen to show the position of the work surface, work triangle, food storage, preparation, cooking and serving, clearing, position of the door and window. [10]
- (b) Explain the importance of a well planned kitchen layout. [5]
- (c) Outline **five** functions of a kitchen. [5]

[20 marks]

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